

# Welcome

Thank you for choosing to stay with us at La Osita Farmhouse!

If you need anything during your stay, contact Kara at 206-302-9020 or through the AirBNB app.

Best, Kara

*PS. We opened La Osita Farmhouse to guests in mid-2022. If you have any suggestions how to improve the experience for future guests, we would appreciate if you would share your thoughts directly with us.*



[@LA.OSITA.FARMHOUSE](https://www.instagram.com/LA.OSITA.FARMHOUSE)

# The History of La Osita

La Osita (means "little bear" in Spanish) is a six acre property with an interesting and rich history. It was the California retreat for the owners of La Osa Cattle Company based out of Tucson, Arizona which started in the 1800s's. On these lands, cattle used to roam and in 1967, an adobe home was built.

We have been renovating the properties here at La Osita over the last five years. In 2021, we converted the land to a small flower farm growing species such as eucalyptus, wax flower, leucospermum and leucadendron. We also added a small orchard and one day will have peaches, pears, nectarines, avocados, cherries, plums, mulberries and a variety of citrus to share with our family, friends and guests.

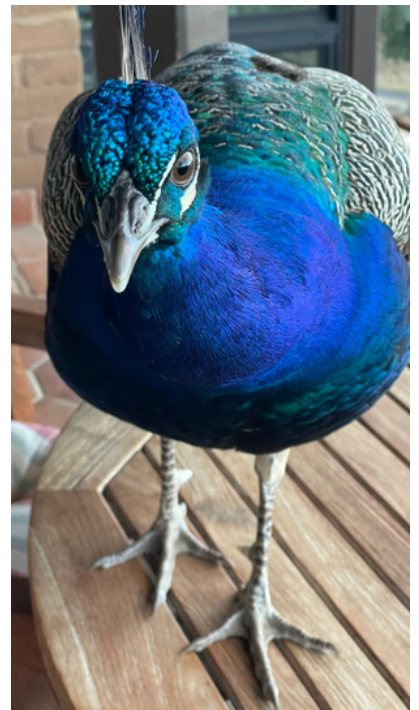
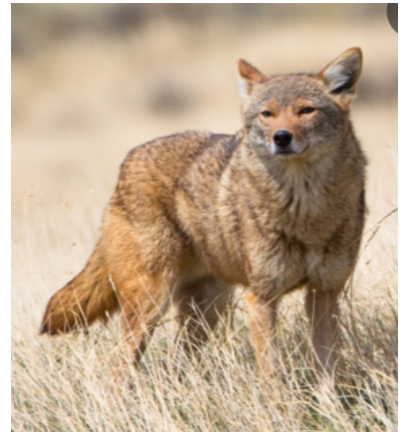


# Wildlife

During your stay, you may notice vast species of wildlife. From red-tailed hawks patiently waiting in the trees to swoop down to get a lizard or ground squirrel, to woodpeckers making holes in the Sycamores, to wooing barn owls and squawking Great Horned Owls.

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There is a neighbor's peacock named Inspector. He might come over for a visit. He is beautiful and friendly and a bit noisy. Please however do not feed him and if he "poops" on the patio, please let us know so we can clean it up.

And you might not see them, but its probable you'll hear howling coyotes in the evening.



# Enjoy the *Kitchen*

- Please use the cutting board and do not cut directly on the marble countertop.
- Clean up spills quickly on the countertop to avoid damage.
- If something is broken or not working, please let us know so we can work to fix the problem.

# Time for *Coffee*

- Fill up the water as needed.
- Lift the silver handle up.
- Pop in a K-cup pod and select the amount of water that you want.
- Push the handle down and press the center button.
- Dispose of the empty pod in the trash.

# Farmhouse Guide

## HEATING & COOLING

Using the remote to the heating/cooling unit, press the On/Off button to turn the unit on or off. The unit is on when the blue light is visible on the unit. Use the Temperature Setting Button to increase or decrease the temperature setting. There is also a remote-controlled ceiling fan which requires the wall switch (near the bed) to be in the "on" position.

## GARBAGE & RECYCLING

Outside the Farmhouse, you'll find two garbage cans. One for garbage and one for recyclable items. There are small convenience cans in the bathroom and kitchen.

## THE BATHROOM - FLUSH ONLY TOILET PAPER

We are on a small and highly sensitive septic system. Please do not put anything other than the toilet paper (that we have provided), down the toilet. Do not use an excessive amount of toilet paper. None of these should EVER go down the toilet: *feminine hygiene products (tampons, pads), condoms, makeup remover pads, paper towels, tissues, q-tips, etc.* Please simply wrap in some toilet paper and place in the garbage. **ONLY HOST-SUPPLIED TOILET PAPER GOES DOWN THE TOILET.**

## KITCHEN & BATHROOM COUNTERTOPS

The countertops are marble and stain easily from coffee, wine, soda, lemon juice etc. Please wipe up all spills and splatters right away. Please use only the cleaning supplies provided.

# Security

## HOW TO LOCK THE FRENCH DOORS

In order to lock the french door, lift the handle up (then release) to engage the locking mechanism.

- **from the inside:** set the lock by lifting the handle up (then release), then turn the deadlock to lock
- **from the outside:** set the lock by lifting the handle up (then release), then turn the key to the right

Please enter and exit only through the set of french doors under the large covered patio.

## CLOSING & LOCKING THE GATE

While we live in a safe area, we encourage you to lock the gate in the evenings and when you leave the premises.

## PROPERTY ACCESS

La Osita is a working flower farm and private property. Please stay in the general area of the Farmhouse during your visit. We are friendly so if you see us, say hi!!



# Discover Fallbrook



Offering world-class golf, resorts & casinos, unique art galleries & shops, and numerous nature trails, Fallbrook is an historic, vibrant, and friendly community that serves as a destination for arts, antiques, entertainment, retail, and as the center for commerce, education and cultural life for Fallbrook.

Favorite Hikes/Walks:

- Santa Margarita River Trail (easy)
- Monserate Mountain (medium to challenging)

web: [fallbrookchamberofcommerce.org/discover-fallbrook/](http://fallbrookchamberofcommerce.org/discover-fallbrook/)

# Local Eat & Drink

## COASTAL CASUAL: Z CAFE

5256 South Mission Rd., Bonsall, CA 92003 | (760) 940-1751 | [zbonsall.com](http://zbonsall.com)

Family-owned and affordable, Z Cafe offers a California casual environment with Hawaiian and Japanese influence. From sushi to burgers (BOGO on Wednesdays!) to home-cooked comforts, Z Cafe is always a winner. Beer/wine. (Ask about their new restaurant Z South!)

## MEXICAN FOOD: CASA ESTRELLA

3757 S Mission Rd., Fallbrook, CA 92028 | (760) 728-3200 | [casa.estrellasfallbrook.com](http://casa.estrellasfallbrook.com)

Live music and authentic Mexican food from one of the most popular restaurants in North County. Be careful of the margaritas - they are delicious and potent! Full bar.

## WINERY: MONTSERATE WINERY

2757 Gird Rd Fallbrook, CA 92028 | (760) 268-9625 | [monseratewinery.com](http://monseratewinery.com)

Fallbrook is an up-and-coming winery and wedding destination. The temperate coastal climate of Fallbrook closely resembles that of provinces in Italy, making it a perfect match for Italian varieties. Enjoy several varietals of Italian wines grown right here in Fallbrook, on this beautiful 116-acre property, dotted with 100-year-old oaks and towering sycamore trees. Comfortable, casual and warm environment. Beer/wine.

## ITALIAN DELI: DOMINICK'S SANDWICHES

1672 South Mission Road, Fallbrook, CA 92028 | 760-728-7911 | [dominickssandwiches.com](http://dominickssandwiches.com)

Since 1983, Dominick's Sandwiches has been providing North San Diego County with traditional Italian entrees, meat and cheese platters, antipasto trays, appetizers, salads by the pound and many other Italian desserts, groceries and other Italian food products.



# Local Eat & Drink

## ASIAN: PEKING WOK

5256 South Mission Road, Suite 303, Bonsall, CA 92003 | (760) 724-8078 | [pekingwokbonsall.com](http://pekingwokbonsall.com)  
Since 1983, Peking Wok has been serving top quality, fresh, made-to-order, Chinese-food. Eat-in or take-out. Beer/Wine/Cocktails.

## PIZZA: PALA MESA PIZZA

3235 Old Highway 395, Fallbrook, CA 92028 | (760) 451-6911 | [facebook.com/palamesapizza](https://facebook.com/palamesapizza)

## PIZZA: VILLAGE PIZZA

5256 S Mission Rd, Ste 832 , Bonsall, CA 92003 | (760)-414-9899 | [villagepizzabonsall.com](http://villagepizzabonsall.com)

## THE COAL BUNKER

232 S Main Ave Fallbrook, CA 92028 | (760) 645-3471 | [thecoalbunker.com](http://thecoalbunker.com)

From hearty pork-chops, to juicy hamburgers and homemade macaroni and cheese, The Coal Bunker is the place to go for home-cooked comforts. Try their Firebox Chicken Sandwich if you like spicy. Beer, wine.

## YAMA SUSHI

1067 S Main Ave Fallbrook, CA 92028 | (760) 723-9788

A hidden gem and the locals favorite for the freshest sushi - excellent for dine-in or take-out. Please call for the menu.

## COFFEE: FALLBROOK COFFEE COMPANY

622 S. Mission Road, Fallbrook, CA 92028 | (760) 728-6000 | [fallbrookcoffeeco.com](http://fallbrookcoffeeco.com)

Direct-trade coffee beans and a small local roaster lead to morning or mid-day meal. Bagels, sandwiches, salads, wraps, muffins and avocado toast can't be missed!

# Local Eat & Drink

## ITALIAN: TRUPIANO'S ITALIAN BISTRO

945 S Main Ave, Fallbrook, CA 92028 | (760)-728-0200 | [trupianorestaurantgroup.com/](http://trupianorestaurantgroup.com/)

Authentic Italian cuisine, family recipes and delicious dishes like the Fusilli Caprese, the Crespelle di Mamma or even the Melanzane Fantasia. Something for everybody, including award winning pizza, sandwiches, salads, chicken dishes, veal, kids meals, nightly specials. Beer/wine.

## CALIFORNIA STYLE: 127 WEST SOCIAL HOUSE

127 W Elder St, Fallbrook, CA 92028 | (760)-645-3765 | [127-west.com](http://127-west.com)

Enjoy California freshness at its finest - stone-fired pizza, greens, burgers, sandwiches and rib-sticking favorites. Beer/wine.

## OCEANSIDE & TEMECULA

### FAVORITE O'SIDE RESTAURANTS

Local Tap House (LTH)

Petit Madeleine

The Rooftop (for delicious drinks and sunset oceanviews)

### FAVORITE TEMECULA RESTAURANT;

The Gambling Cowboy

# Groceries

## DANIEL'S

5256 Mission Road, Bonsall, CA 92003 (760)732-1135 | 2.5 miles

## ALBERTSONS

1133 S Mission Road, Fallbrook, CA 92028 (760)723-8177 | 6.1 miles

## MAJOR MARKET

845 S Main Avenue, Fallbrook, CA 92028 (760)723-0857 | 6.5 miles

## NORTHGATE

1346 S Mission Rd, Fallbrook, CA 92028 (760)723-0857 | 5.7 miles

# Forget *Something?*

Instead of having to run to the store, we have the following convenience items, subject to availability:

- Pepto-Bismol Chewables
- Reach Mint Waxed Floss
- Aleve (6 capsules, 220 mg)
- Excedrin Migraine (6 caplets)
- Jergens Ultra Healing Lotion
- Colgate Soft Toothbrush
- Colgate Toothpaste (Travel Size)
- Lip Therapy (Mint) Balm
- Banana Boat Sport Sunscreen (30 SPF)
- Seltzer Water/Club Soda/Coca-Cola/Sprite (3)
- Liquid IV Hydration Lemon Line (2)
- Emergen-C 1000mg Vitamin C (2)

Just text Kara at (206) 302-9020 with your request and I'll leave it on your patio as soon as I can.

# Treat Yourself!

We now offer charcuterie trays for our guests subject to availability. Visit [laosita.co/shop](https://laosita.co/shop) for our current menu or text Kara at (206)302-9020 for our seasonal offerings, starting at \$75.00.



# Healing Arts

by Jack Greene, HHP

760.815.3449 | jackrezen@me.com

## THERAPEUTIC MASSAGE

**60 min \$90 | 75 min \$110 | 90 min \$130**

Holistic Approach that blends eastern and western modalities with Light, Medium or Firm Pressure.

Option for Shiatsu/Thai stretching, Reiki or CranioSacral Massage.

## ALL LEVELS PRIVATE YOGA EXPERIENCE

**60 min \$75 | 75 min \$90**

Gentle to Advanced Hatha Yoga for 1-2 students.

\$20/each additional student.

## MINDFUL MOVEMENT + BREATHWORK + MEDITATION

**60 min \$75**

Beginner Tai Chi/Qigong followed by light breathwork + guided meditation.

## SOUND HEALING WITH CRYSTAL BOWLS + MORE

**45 min \$75**

Receive a healing sound bath and guided meditation with the option to learn to play the bowls and other sound tools.

Jack is certified in multiple modalities and has 10+ years experience as a Holistic Health Practitioner (HHP). He lives locally and all pricing includes equipment and travel to La Osita Farmhouse.



# Check-Out Checklist

We hope you had a wonderful and relaxing experience at La Osita. Check-out time is 11:00 AM unless we have agreed to a later departure.

## How to Check-Out:

- Leave both keys on the counter in the Farmhouse. (There will be a rekeying charge for any missing keys.)
- Please lock the outside gate (no key needed) when you depart. No need to lock the Farmhouse.
- Please text Kara at 206-302-9020 or through the Airbnb app when you depart.
- **Reviews!** We leave glowing reviews for our wonderful guests. Our business relies on your positive reviews! We appreciate if you would take a moment to leave a positive review on Airbnb about what you enjoyed the most.
- If you have suggestions on how we can improve, **tell us directly**. We VALUE your opinion!

*Thank you for staying at La Osita and  
have a safe trip home!*